2013-CLASSES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Conditioning-0600-0700					Conditioning 0600-0700 CQC-5-6 MMA-6-7	Kids Elite 5-6 Judo-6-7 Jujitsu-7-8
Conditioning-0600-0700					Conditioning 0600-0700 CQC-5-6 MMA-6-7	Kids Elite 5-6 Judo-6-7 Jujitsu-7-8
Conditioning-0600-0700					Conditioning 0600-0700 CQC-5-6 MMA-6-7	Kids Elite 5-6 Judo-6-7 Jujitsu-7-8
Conditioning-0600-0700					Conditioning 0600-0700 CQC-5-6 MMA-6-7	Kids Elite 5-6 Judo-6-7 Jujitsu-7-8
Conditioning-0600-0700					Conditioning 0600-0700 CQC-5-6 MMA-6-7	Kids Elite 5-6 Judo-6-7 Jujitsu-7-8
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IWA Combat Arts Ju Jitsu Academy